

Template for experiential Exercises or Lesson Plans for Facing Conflict Interdependence Day

Please use the following form to create an exercise that can be shared on the Interdependence Day web site (interdependenceday.net). The intention is to provide non-professionals quality exercises that would impart one of the key concepts of the Interdependence Day Teach-In: conflict resolution skills, mediation, neutrals, listening, interdependence, non-judgmental awareness. These exercises would be followed by a facilitated dialogue that could include: what insights they had, personal experience with that particular issue, how they might apply it at home or work, or whatever questions you have used with the exercise.

Please use exercises you have successfully used yourself. Please provide in both word processor and PDF files if at all possible. PDF files can be made in WordPerfect or more recent Microsoft Word programs

Please include your name, business name and e-mail address which will be included on the exercise if you wish. If you have a web site, a link can be included.

Title

Kind of exercise:

Time requirements:

Number of participants:

What do you want people to understand through doing the exercise?

Equipment requirements:

A/V?

Handouts ?(please supply in PDF format)

Flip chart & stand?

Accommodation for special needs?

Other?

Instructions:

Pitfalls that might be encountered:

What to do to get out of the Pit:

Follow-up dialogue questions: